

Dermatology, Laser & Vein Specialists

OF THE CAROLINAS

PRE-OPERATIVE INSTRUCTIONS: MOHS SURGERY

- You may eat normal meals the day of your surgery unless otherwise instructed. If you are going to a plastic surgeon for your surgical repair the same day, please follow the pre-operative instructions from their office. If your doctor at here at DLVSC has given you any pre-operative prescriptions, please fill them and bring them with you on the day of your surgery.
- Please take your regular medications as directed by your other physicians. If you need to take an OTC pain reliever in the days leading up to surgery, please take Tylenol. (avoid Aspirin, Ibuprofen or Motrin)
- When you schedule your surgery, please make sure to notify our staff of any blood thinning medications (**e.g.- aspirin or Coumadin**) that you are currently taking. We may need to discuss a temporary suspension of these medications with your doctor for 10 days prior to surgery.
- Please limit alcohol consumption for 2 days prior to your surgery.
- Do not apply make-up, creams, perfumes, or aftershave lotions the day of surgery.
- If applicable, a container for contact lenses and/or dentures should be brought with you the day of surgery. (e.g.- surgery on the eyelids or inside the mouth)
- In some cases, (e.g.- skin cancers near the eyes) you may need assistance from a driver on the day of your surgery. If you have taken any pre-operative sedation, a driver will be required. If you are seeing a plastic surgeon for your surgical repair, a driver is most likely required. Please refrain from bringing more than 2 people with you, as space in our waiting room is limited.
- On the day of your surgery, please plan to stay with us for the majority of the day. Please do not schedule unrelated appointments or make other plans. You may bring snacks or lunch with you (unless you have been instructed otherwise) and there is a café in our building for your convenience.
- Please note that for optimal wound care, heavy lifting, exercise and household cleaning/chores should be avoided or strictly limited in the 2 weeks post-surgery.
- **SMOKING:** Please understand that smoking **will** negatively impact the outcome of your surgery. Smoking before or after your procedure can cause very poor/slow healing of the wound. In some cases, smoking can cause the skin surrounding the wound to die, resulting in even more damage to the surrounding tissue and larger wounds.
- Please contact our office immediately if you have health changes between now and the time of your surgery. Our staff is available to answer any questions you may have. Please feel free to call us at **704-375-6766** or **1-800-626-6257**.