

Dermatology, Laser & Vein Specialists

OF THE CAROLINAS

MEDICATIONS TO AVOID BEFORE SURGERY

Unless otherwise instructed by the physician performing your procedure, for a **2 week** period prior to your appointment, please do not take:

- **Aspirin and aspirin-containing products.**
Aspirin has an effect on your blood's ability to clot and could increase your tendency to bleed during surgery and during the post-operative period. For pain control, **Tylenol is acceptable.**
- **Herbal supplements.**
Eliminate all health supplements, but in particular, products containing Echinacea, Ephedra, Garlic, Ginkgo, Ginseng, Kava, St. John's Wort, and Valerian, all of which can cause the blood to thin.
- **FISH OIL, OMEGA 3, Vitamin E and Multivitamins** (which often contain Vitamin E).
- **Prescribed Medications that may cause increased bleeding.**
These include anti-rheumatic, anti-arthritic, circulation, and anticoagulant medications (Motrin, Naprosyn, Aleve, Advil, Ibuprofen, Persantine, etc.) Please inform our office if you are taking any of these medications. **It maybe necessary for you to stop prescription blood thinners temporarily. You will need to consult with your primary care physician before stopping any prescribed medication like Warfarin, Xarelto, Eliquis, Pradaxa, and Heparin medications.**

*****ANTIDEPRESSANTS NEED TO BE DISCUSSED*****

The following is a list of the most common medications that can increase your tendency to bleed:

Advil	Cephalgesi	Excedrin	Phenaphen
Alcohol	Cheracol capsules	Feldene	Phenergan
Aleve	Children's aspirin	Fiorinal	Relafen
Alka Seltzer	Clinoril	4-Way Cold Tabs	Robaxisal
Anacin	Congespirin	Ibuprofen	Rufin
Anaprox	Cope	Indocin	Sine OFF
Anaproxin	Coricidin	Indomethacin	Sine Aid
Ansaid	Coumadin	Meclomen	Trandate
APC	Darvon	Medipren	Trental
ASA 5 grain	Darvon with ASA	Midol	Trigesic
Asodeen	Daypro	Motrin	Trilisa
Ascriptin	Dolobid	Nalfon	Vanquish
Aspergum	Dristan	Naprosyn	Vitamin E
Aspirin	Easprin	Norgesic	Voltaren
Brufen	Ecotrin	Orudis	Zactri
Bufferin	Empirin	Percodan	Zorpin
Butazolidin	Emprazil		

If you require pain medication and cannot take acetaminophen, please notify our staff or contact your primary care physician to obtain a prescription pain reliever.

If you are unsure about any of your medications please check with your pharmacist or prescribing physician about blood-thinning properties.