

Dermatology, Laser & Vein Specialists OF THE CAROLINAS

POST BOTOX® COSMETIC/XEOMIN® /DYSPOUR®/JEUVEAU® INSTRUCTIONS

- Do not rub or massage the injected areas. Do not lie down for 1 ½ hours following your injections. Avoiding alcohol and strenuous exercise in the 4 to 6 hours post treatment is strongly advised.
- Actively use the injected muscles for several hours following the injections (ex.- squinting, raising your eyebrows). This will help the Botox/Xeomin/Dysport/Jeuveau migrate into the injected muscles.
- If you wear make-up, you may gently apply the make-up to the injected areas to cover any redness or possible bruising. If you experience bruising that is difficult to cover and/or bothersome, please call us and schedule a time to come in for post-injection laser treatment. This laser treatment significantly increases the healing time of bruises and can be done in less than 5 minutes.
- You may gently wash your face the evening following your injections, being careful not to rub the injection sites too vigorously.
- Over the next several days, you may see changes in your ability to contract the injected muscles. However, maximum results should be apparent in 2 weeks.
- Botox/Xeomin/Dysport/Jeuveau injections generally last an average of 3 months. Some patients experience longer lasting effects from their injections.
- We suggest scheduling regular appointments for Botox/Xeomin/Dysport/Jeuveau, preferably every 3 to 4 months, to reduce future progression of unwanted wrinkles.
- Please feel free to contact our office at **704-375-6766** with any questions or to schedule a follow-up appointment.