

POST FILLER INSTRUCTIONS

Immediately after the treatment, the most commonly reported side effects are temporary redness and swelling at the injection site. These effects typically resolve within 2-3 days. Cold compresses should be used immediately after treatment to reduce swelling. If the symptoms continue beyond 2-3 days, or if other reactions occur, please contact our office.

Avoid touching & rubbing the treated area within 6 hours following treatment. After the initial 6 hours, the area may be gently washed with soap and water.

We recommend avoiding exposure to intense heat (sun lamp/sun bathing) for your skin's general well-being and especially following your injections.

Some bruising may occur. Avoid taking aspirin, non-steroidal anti-inflammatory medications, St. John's Wort, Fish Oil and/or high doses of Vitamin E supplements for one week after treatment. These supplements & medications may increase bruising and bleeding at the injection site.

If bruising *does* occur and you are concerned about the appearance and/or the amount of time your bruises are taking to resolve, we offer VBeam laser treatment at no extra charge to you **72 hours post-injection** to speed up the healing process. You will need to contact our office if you are interested in this quick treatment.

Avoid exercise and alcohol for 6 hours post-treatment.

If you have any questions or concerns about this treatment please do not hesitate to contact our office 24 hours a day, 7 days a week at (704) 375-6766.