

### POST CARE FOR MATRIX PRO

- Apply the provider's choice of post-procedural healing ointment Alastin Skin Nectar (buy in Skin Secrets Store) or over the counter Vanicream ointment. Vaseline or Aquaphor may also be used.
- If post-treatment cooling is desired, or in the event of post-treatment discomfort, cool the treated area immediately with a clinical air-cooling device, or cool compress (not frozen ice pack).
- Transient skin erythema and edema, as well as heat or tingling sensations, may last up to several hours after treatment.
- Tiny pinpoint crusts of less than 1 mm diameter will usually form 24-72 hours post-treatment and may remain for several days. Do not pick, scratch or disturb the crusts as they heal. Crusts will typically slough off naturally as the treated area heals.
- Blistered or ulcerated skin can be treated with a prescribed antibiotic ointment or burn treatment protocol as per physician's discretion.
- During the first two days following treatment, care should be taken to prevent trauma to the treated area site: avoid hot baths, skin irritants, massage, etc. The skin should be kept clean to avoid contamination or infection; any mechanical or thermal damage to the area must be avoided.
- The treated area should be kept as hydrated as possible for at least one-week post-treatment, or until completely healed. Re-apply the topical regularly throughout the day such that the skin has a consistent, glazed-like appearance at all times.
- Make-up may be applied only 48 hours after each treatment, or after the skin has re-epithelialized.
- Twelve hours after treatment patients may use a gentle non-comedogenic skin cleanser, avoiding scrubs or exfoliants.
- Patients should avoid sun exposure on the treatment area and use a high-factor sunblock (at least 30 SPF) for 4 - 6 weeks following the procedure and during the entire course of treatment.
- Tanning of any sort (sun exposure, tanning beds, and artificial sunless tanning lotions) is not allowed in the treated areas during the entire course of the treatment.
- Patients should be advised to contact their provider if they have any concerns about how their skin is responding to treatment or is healing.
- Please contact the office at (704) 375-6766 for any questions post procedure.