

POST-TREATMENT INSTRUCTIONS FOR BROWN SPOTS

The areas we have treated today may have a white, frosted appearance for several hours after treatment, however this will soon begin to fade away. You may also potentially develop some blistering, redness, oozing and/or bruising post-treatment. If a blister should form and/or break open, please apply Vaseline (not Polysporin or Neosporin) and keep this site covered with a bandage until a scab forms. If a scab does form, please do not pick at it. The area should be continually covered with Vaseline until the scab(s) fall off on their own. Once this happens, the skin beneath will likely be pink for a period ranging from a few days to several weeks before normal skin color begins to appear.

For the chest, arms, legs, and hands it may take 2-3 weeks for the crusting to resolve. Once the crusting resolves, the treated skin may appear slightly pink, which is normal and expected. Keep in mind that it could take several months for your natural skin tone to fully return in these spots and the pink color to fade.

A broad-spectrum, water-resistant, SPF 30 or higher sunscreen is strongly recommended during this time.

Brown spots are very difficult to predict with regard to how many treatments are necessary, while we will do everything in our power to resolve these spots in as few treatments as possible, do not be surprised if some of your larger/darker/thicker spots require more than one treatment.

If you have any questions or concerns about this treatment please do not hesitate to contact our office 24 hours a day, 7 days a week at (704) 375-6766.