

POST VASCULAR LASER TREATMENT INSTRUCTIONS

Daily sunscreen use is strongly encouraged after this treatment; choosing products that are SPF 30 or higher, broad-spectrum & water-resistant is preferred.

Vascular laser treatments typically have little to no associated downtime. However, as listed in your consent form, the following are possible side effects that you could experience as well as recommended instructions following treatment.

- Post-treatment you will likely experience mild to moderate redness in the treated areas, which may last up to 48 hours. Unless otherwise instructed, you may use makeup to cover this redness.
- Post-treatment pain is typically transient, lasting only a few moments. If pain continues to persist for several hours after treatment, please notify our office.
- Bruising may appear post-treatment and could potentially last up to 2 weeks. In some cases, bruising is the intended result of treatment for achieving an optimal outcome.
- Blistering and scabbing is extremely rare, please notify our office if this occurs.
- The treated area could hyper-(darken) or hypo-(lighten) pigment. Such changes most often occur with darkly pigmented skin. Sunscreen use for two weeks pre and post treatment will greatly reduce the risk of this side effect.
- Because of the nature of laser energy, there is always a very small chance of scarring. Following post-treatment instructions and sunscreen recommendations will greatly reduce the risk of this side effect.
- When undergoing vascular laser treatment anywhere on the face, swelling of the lower eye lids is also possible, and would be apparent within 24-48 hours post-treatment. To prevent such swelling, sleep with your head slightly elevated for the next 48 hours.

If you have any questions or concerns about this treatment please do not hesitate to contact our office 24 hours a day, 7 days a week at (704) 375-6766.